



This is Sports Development



Running Sessions



Running Sessions



Sundays 10:30am – 12pm



Sessions start Sunday 15th January at Guisborough Forest

- All sessions will be delivered by qualified Athletics Coaches from Active Green
- Each session will cost £1.50 each or Book now for all 4 weeks for £6
- All Participants welcome, these sessions are targeting 14 to 25 years of age
- All abilities are welcome to attend
- For more information or to book a place on the programme please contact Jill Sexton from Active Green on 07891322975, jill@activegreen.co.uk
- Alternatively contact the Sports Development Team on 01642 496430