

Cowpen Bewley I Tees Trail Races 2014

05-Jun-14

Race 3

Pos	No.	Name	Club	CAT.	Time	Pts*
1	226	Dean Newton	NEW MARSKE HARRIERS	MO	17:35	87.20
2	184	James Askew	DURHAM CITY HARRIERS	MO	17:44	86.47
3	21	Mike Jefferies	UNATTACHED	MO	17:53	85.74
4	7	Paul Wilson	HARTLEPOOL BURN ROAD	MO	18:09	84.48
5	67	James Oldfield	SEDFIELD HARRIERS	MO	18:11	84.33
6	228	Michael Joyeux	QUAKERS RUNNING CLUB	MO	18:13	84.17
7	666	Rosie Smith	DURHAM CITY HARRIERS	FO	18:39	82.22
8	195	Dez Fielden	AYCLIFFE RUNNING CLU	M40	18:44	81.85
9	17	Paul Lewis	BILLINGHAM MARSH HOU	M50	19:26	78.90
10	193	Bryan Saysell	NORTH YORK MOORS AC	M45	19:31	78.57
11	123	Luke Duffy	BILLINGHAM MARSH HOU	MO	19:53	77.12
12	137	James Fishburn	BILLINGHAM MARSH HOU	MO	19:55	76.99
13	197	Simon Jones	BILLINGHAM MARSH HOU	M40	19:57	76.86
14	90	Tim Whitehead	ESK VALLEY FELL CLUB	MO	20:03	76.48
15	131	Liam Swann	BILLINGHAM MARSH HOU	MO	20:16	75.66
16	81	Martin Knox	AYCLIFFE RUNNING CLU	MO	20:26	75.04
17	6	Keith Bindoff	UNATTACHED	MO	20:31	74.74
18	239	Keith Hutchinson	HARTLEPOOL BURN ROAD	MO	20:54	73.37
19	18	Stephen King	BILLINGHAM MARSH HOU	M45	20:56	73.25
20	11	Rob Dent	QUAKERS RUNNING CLUB	MO	20:59	73.07
21	627	Carolyn Ollis	MIDDLESBROUGH & CLEV	FO	21:13	72.27
22	244	Martin Clements	ESK VALLEY FELL CLUB	MO	21:14	72.21
23	132	Ste Brown	BILLINGHAM MARSH HOU	MO	21:19	71.93
24	75	Matthew Heron	AYCLIFFE RUNNING CLU	MO	21:24	71.65
25	26	Mark Robinson	QUAKERS RUNNING CLUB	MO	21:31	71.26
26	99	Colin Mccosh	UNATTACHED	M45	21:40	70.77
27	22	Dale Chapman	QUAKERS RUNNING CLUB	MO	21:42	70.66
28	100	Mike Robbios	BILLINGHAM MARSH HOU	MO	21:47	70.39
29	35	Ewan Henderson	QUAKERS RUNNING CLUB	MO	21:48	70.34
30	183	George Reid	DURHAM CITY HARRIERS	M55	21:50	70.23
31	579	Shelli Gordon	NEW MARSKE HARRIERS	FO	21:51	70.18
32	199	Stephen McMahan	BILLINGHAM MARSH HOU	MO	21:53	70.07
33	165	Trevor Baker	MIDDLESBROUGH & CLEV	M50	21:56	69.91
34	225	Graham Atkins	AYCLIFFE RUNNING CLU	M50	22:01	69.64
35	190	Kenneth Stephenson	BILLINGHAM MARSH HOU	M50	22:23	68.50
36	74	John Burnside	AYCLIFFE RUNNING CLU	M55	22:31	68.10
37	621	Linda Noble	DARLINGTON HARRIERS	F45	22:33	68.00
38	146	Mark Wilson	ESK VALLEY FELL CLUB	MO	22:40	67.65
39	27	Paul Keedy	QUAKERS RUNNING CLUB	M45	22:52	67.06
40	143	Andy Keton	BILLINGHAM MARSH HOU	MO	22:56	66.86
41	531	Katy Walton	ELVET STRIDERS	FO	23:02	66.57
42	672	Sally Hughes	ELVET STRIDERS	FO	23:07	66.33
43	37	Richard Mcquade	GOSFORTH HARRIERS	M45	23:10	66.19
44	93	Colin Richardson	UNATTACHED	M50	23:15	65.95
45	140	Alex Alderthay	UNATTACHED	M40	23:16	65.90
46	94	Ben Johnson	UNATTACHED	MO	23:16	65.90
47	65	Dave Wallace	HARTLEPOOL BURN ROAD	M55	23:19	65.76
48	24	Gary Read	QUAKERS RUNNING CLUB	MO	23:23	65.57
49	83	Nathaniel Snell	ROAD RUNNERS CLUB	MO	23:35	65.02
50	59	Stephen Moore	QUAKERS RUNNING CLUB	MO	23:41	64.74
51	46	Paul Havis	UNATTACHED	M45	23:44	64.61
52	36	Steven Bond	GOSFORTH HARRIERS	MO	23:47	64.47

53	238	John Gair	MIDDLESBROUGH & CLEV	MO	23:48	64.43
54	554	Kelly Smith	AYCLIFFE RUNNING CLU	FO	23:51	64.29
55	43	Ashley Lavan	SWIFT TEES	MO	23:52	64.25
56	234	Phil Teece	BILLINGHAM MARSH HOU	M50	23:54	64.16
57	240	Luke Allan	MIDDLESBROUGH & CLEV	MO	24:06	63.62
58	148	Joe Thornton	UNATTACHED	MO	24:09	63.49
59	29	Matthew Clarkson	BILLINGHAM MARSH HOU	MO	24:14	63.27
60	242	Keith Wilson	NORTH YORK MOORS AC	M60	24:17	63.14
61	84	Paul Wilson	UNATTACHED	MO	24:23	62.88
62	9	Mark Colling	QUAKERS RUNNING CLUB	M45	24:25	62.80
63	163	Alan Robson	NEW MARSKE HARRIERS	M45	24:27	62.71
64	568	Heather Mccosh	UNATTACHED	F45	24:30	62.59
65	14	Terry Wilkinson	UNATTACHED	MO	24:37	62.29
66	233	Thomas Bunn	NEW MARSKE HARRIERS	M50	24:38	62.25
67	20	Anthony Corbett	QUAKERS RUNNING CLUB	M45	24:39	62.20
68	124	Mark Malik	BILLINGHAM MARSH HOU	MO	24:46	61.91
69	105	Wayne Appleton	UNATTACHED	MO	24:48	61.83
70	120	David Learman	UNATTACHED	MO	24:49	61.79
71	623	Val Clarke	DARLINGTON HARRIERS	F55	24:52	61.66
72	662	Louise Dykeys	UNATTACHED	F35	24:58	61.42
73	106	Neal Gillson	HARTLEPOOL BURN ROAD	MO	25:10	60.93
74	227	Paul Glaister	SEDFIELD HARRIERS	M45	25:12	60.85
75	229	Craig Hollifield	CLEVELAND TRIATHLON	MO	25:22	60.45
76	540	Lesley Strickland	HARTLEPOOL BURN ROAD	F45	25:24	60.37
77	622	Wendy Colling	QUAKERS RUNNING CLUB	F45	25:30	60.13
78	3	Ian Wanless	NORTH YORK MOORS AC	M50	25:33	60.01
79	188	Chris Watson	UNATTACHED	MO	25:34	59.97
80	30	Tony Gerrard	SWIFT TEES	MO	25:37	59.86
81	232	Ty Hankinson	QUAKERS RUNNING CLUB	M50	25:38	59.82
82	237	Steven Mcallister	QUAKERS RUNNING CLUB	M45	25:39	59.78
83	570	Patricia Speedie	NEW MARSKE HARRIERS	F40	25:40	59.74
84	537	Christine Hearmon	SEDFIELD HARRIERS	F50	25:41	59.70
85	635	Caroline Horton	BILLINGHAM MARSH HOU	F50	25:42	59.66
86	241	Sam Gaz Curter	UNATTACHED	MO	25:50	59.35
87	584	Deb Cliff	BILLINGHAM MARSH HOU	F45	25:53	59.24
88	519	April Corbett	QUAKERS RUNNING CLUB	F45	25:55	59.16
89	13	Jez Makin	DURHAM FELL RUNNERS	M50	25:59	59.01
90	191	Paul Cutler	BILLINGHAM MARSH HOU	M50	26:02	58.90
91	116	Andrew Dean	BILLINGHAM MARSH HOU	M45	26:06	58.75
92	186	Anthony Hodgson	UNATTACHED	MO	26:16	58.38
93	663	Susan Milburn	AYCLIFFE RUNNING CLU	F55	26:18	58.30
94	78	Andy Petford	ESK VALLEY FELL CLUB	M45	26:22	58.15
95	536	Marie Walker	SEDFIELD HARRIERS	F45	26:24	58.08
96	153	Kassim Ali	SWIFT TEES	MO	26:25	58.04
97	674	Shelly Oyston	BILLINGHAM MARSH HOU	FO	26:26	58.01
98	136	Stephen Thompson	BILLINGHAM MARSH HOU	M55	26:26	58.01
99	664	Jamie Kelly	UNATTACHED	FO	26:28	57.93
100	154	Daniel Gordon	QUAKERS RUNNING CLUB	M65	26:29	57.90
101	82	Kenny Salkeld	SWIFT TEES	M60	26:30	57.86
102	559	Jessica Campbell	QUAKERS RUNNING CLUB	FO	26:41	57.46
103	236	Bill Lewis	SWIFT TEES	M55	26:42	57.43
104	182	Ian Richard Park	CLEVELAND TRIATHLON	M40	26:42	57.43
105	98	William Gayter	NORTH YORK MOORS AC	M50	26:43	57.39
106	243	Paul Lewins	SUNDERLAND STROLLERS	M40	26:48	57.21
107	565	Megan Lightfoot	BILLINGHAM MARSH HOU	FO	26:54	57.00
108	676	Lucy Owens	SWIFT TEES	F35	26:57	56.90

109	142	Matt Jackson	QUAKERS RUNNING CLUB	MO	26:58	56.86
110	102	Paul Haydon	FELL RUNNERS ASSOCIA	M45	27:03	56.69
111	50	Andrew Jackson	UNATTACHED	MO	27:05	56.62
112	164	Iain Bowran	BILLINGHAM MARSH HOU	M65	27:12	56.37
113	235	Graham Jordan	BILLINGHAM MARSH HOU	M60	27:21	56.06
114	649	Jan Naisbet	HARTLEPOOL BURN ROAD	F45	27:28	55.83
115	15	Samuel Johnston	SWIFT TEES	MO	27:39	55.46
116	138	Simon Robinson	AYCLIFFE RUNNING CLU	M60	27:42	55.35
117	514	Helen Johnston	BILLINGHAM MARSH HOU	F40	27:51	55.06
118	135	Philip Tough	UNATTACHED	MO	27:52	55.02
119	671	Liz Jordan	BILLINGHAM MARSH HOU	F55	27:55	54.93
120	66	Michael Williams	BILLINGHAM MARSH HOU	M55	28:08	54.50
121	108	Barry Moody	NORTH YORK MOORS AC	M65	28:20	54.12
122	596	Lisa Poole	UNATTACHED	FO	28:22	54.05
123	615	Iona Leigh-Jones	BILLINGHAM MARSH HOU	F40	28:26	53.93
124	563	Claire Earle	HARTLEPOOL BURN ROAD	F40	28:28	53.86
125	567	Amanda Mccabe	BILLINGHAM MARSH HOU	FO	28:29	53.83
126	130	Peter Wood	BILLINGHAM MARSH HOU	M45	28:29	53.83
127	659	Shirley Gibson	DARLINGTON HARRIERS	F65	28:38	53.55
128	230	Graham Middleton	UNATTACHED	M60	28:43	53.40
129	656	Lucy Surtees	HARTLEPOOL BURN ROAD	FO	28:45	53.33
130	38	David Mogie	BILLINGHAM MARSH HOU	M50	28:51	53.15
131	661	Julia Mayne	BILLINGHAM MARSH HOU	F35	28:55	53.03
132	87	Andrew Corfield	UNATTACHED	M45	29:05	52.72
133	552	Helen Hill	BILLINGHAM MARSH HOU	FO	29:13	52.48
134	575	Josie Lefevre	NORTH YORK MOORS AC	FO	29:40	51.69
135	606	Claire Burns	UNATTACHED	FO	29:43	51.60
136	665	Sara Llewellyn	BILLINGHAM MARSH HOU	F40	29:46	51.51
137	657	Anne Robson	BILLINGHAM MARSH HOU	F55	29:49	51.43
138	92	Charlie Lightfoot	BILLINGHAM MARSH HOU	MO	29:56	51.22
139	668	Rebecca Fisher	ELVET STRIDERS	F35	30:00	51.11
140	610	Carmel Cappleman	REDCAR RUNNING CLUB	FO	30:06	50.94
141	553	Faye Darroch	UNATTACHED	FO	30:07	50.91
142	524	Sam Dixon	HARTLEPOOL BURN ROAD	F45	30:12	50.77
143	511	Sophie Robson	SEDFIELD HARRIERS	FO	30:24	50.44
144	516	Jill Abel	BILLINGHAM MARSH HOU	F50	30:27	50.36
145	25	John Mulligan	BILLINGHAM MARSH HOU	M75	30:49	49.76
146	561	Julie Mcgrath	HARTLEPOOL BURN ROAD	F50	30:54	49.62
147	510	Gill Collins	QUAKERS RUNNING CLUB	F50	31:00	49.46
148	679	Liz Haley	UNATTACHED	F35	31:01	49.44
149	669	Gill Wherritt	SWIFT TEES	F55	31:02	49.41
150	521	Penny Outhwaite	SWIFT TEES	F40	31:06	49.30
151	513	Anita Pickard	UNATTACHED	F45	31:10	49.20
152	597	Sally Mendoza	SWIFT TEES	FO	31:40	48.42
153	667	Sharon Powell	BILLINGHAM MARSH HOU	F45	32:05	47.79
154	526	Emma Whitworth	QUAKERS RUNNING CLUB	FO	32:12	47.62
155	589	Lyndsey Clarkson	UNATTACHED	FO	32:17	47.50
156	52	Angus Hearmon	UNATTACHED	M55	32:40	46.94
157	224	Donald Stewart	UNATTACHED	M50	32:45	46.82
158	673	Emma Hoskins	UNATTACHED	FO	32:46	46.80
159	588	Amy Brunton	UNATTACHED	FO	32:46	46.80
160	658	Jenny Savage	MANDALE MIDDLESBROUG	F45	32:59	46.49
161	629	Gillian Hovis	UNATTACHED	F45	33:31	45.75
162	533	Diane Adkins	QUAKERS RUNNING CLUB	F45	33:38	45.59
163	605	Kelly Collier	ELVET STRIDERS	FO	33:41	45.52
164	529	Helen Allen	ELVET STRIDERS	F40	33:41	45.52

165	541	Denise Benvin	ELVET STRIDERS	F45	33:41	45.52
166	670	Sharon Caddell	BILLINGHAM MARSH HOU	F40	33:46	45.41
167	603	Liz Swainston	UNATTACHED	F50	34:02	45.05
168	504	Tracey Wright	UNATTACHED	FO	34:31	44.42
169	572	Sara Porley	REDCAR RUNNING CLUB	FO	34:42	44.19
170	675	Natalie Allison	UNATTACHED	F45	34:42	44.19
171	101	David Twemlow	REDCAR RUNNING CLUB	MO	34:43	44.17
172	532	Sarah Watson	UNATTACHED	FO	34:53	43.96
173	594	Nicola Pollard	UNATTACHED	FO	34:57	43.87
174	539	Val Hall	UNATTACHED	F55	35:23	43.33
175	678	Bridie Coombes	NEW MARSKE HARRIERS	F35	35:29	43.21
176	231	Michael Watson	UNATTACHED	M50	35:37	43.05
177	612	Laura Petite	UNATTACHED	FO	35:41	42.97
178	611	Faye Dunnakey	REDCAR RUNNING CLUB	FO	35:41	42.97
179	546	Alyson Hogarth	BILLINGHAM MARSH HOU	F55	35:46	42.87
180	520	Claire Hewitt	UNATTACHED	FO	35:53	42.73
181	573	Angela Wood	FELL RUNNERS ASSOCIA	F45	36:03	42.53
182	2	Steven King	BILLINGHAM MARSH HOU	MO	37:30	40.89
183	677	Kelly Brearley	NEW MARSKE HARRIERS	F35	37:47	40.58
184	543	Kerry Lister	ELVET STRIDERS	F40	37:53	40.48
185	660	Gail Woodhouse	BILLINGHAM MARSH HOU	F50		

Comments:

A lovely evening for running attracted 182 senior runners and 31 juniors to Cowpen Country park for the third leg of the summer series.

Although the numbers were short of the first two incredible turnouts, it was again a record for the venue so we keep on setting new standards this summer.

The recent rain hadn't turned the course into it's customary clag so the going was good.

The ladies race saw Rosie Smith doing her best to terrify both gents and ladies with her pace to finish inside 19 mins.

Caroline Ollis came home in second place ahead of Shelli Gordon, who appears to be making third place her own.

Linda Noble finished in a very creditable 4th place with Katy Walton from Elvet taking the final podium place.

In the gents race James Askey from Durham did his best to make it a Durham clean sweep but had to settle for second place again beaten by a New Marske Harrier. This time it was young Dean Newton who led the field home in 17' 35" in his first outing this series.

Mike Jefferies again came home in third place with Paul Wilson from Burn Road just pipping James Oldfield from Sedgefield for 4th and 5th.

Thanks to all who took part and to the irreplaceable team of marshals and helpers, particularly Nat whose video camera at the finish solves any number anomalies on our hand written list.

The next event in the series is at our new venue of the Lords Stones Cafe at the top of Carlton Bank.

It's a lovely area, close to both my heart and home so I'm hoping for a good turnout again. Whilst the course I've planned is a genuine trail race, it's all offroad on grass paths, the hill noted on my map is actually shorter than the one you've just climbed at Cowpen and the views from the route are spectacular.

If you've never been there I recommend bringing the family. There are actually a couple of places from which you can watch almost the whole of the course.

Similarly to Cowpen I'd bring trail shoes if we get much rain in the days preceding the race, but the course does dry out pretty quickly.
The cafe will also be open for food and drink.
Hope to see you there,
Regards Bob Howe

ideal time = 15:20

*Points = (15:20 / Time * 100)

The Tees Trail Races take place on woodland or grass tracks at a variety of local countryside sites around The Tees Valley and are approx. 5Km in length. The races are open to anyone 15 years of age or over and attract a wider variety of different ability runners and we are always supportive of encouraging novice or less experienced runners to participate to promote active lifestyles. For more details visit www.teestrailraces.org.

Corrections:

25th June 2014 Louise Dykeys replaces 72nd place

Results by Bob

Corrections / comments e-mail: bob@teestrailraces.org